

# Siemens Gamesa - SG Training Web

HSE-0115

## Obligatory guidance module 15 - Office and screen workstations

### Purpose

This module will provide the participant with enhanced HSE relevant information to support the obligatory guidance. The purpose is for the participant to familiarize with the content shown and act accordingly.

### Who should attend?

All employees

### Objectives

This module will provide the participant with enhanced HSE relevant information to support the obligatory guidance. The objective is for the participant to familiarize with the content shown and act accordingly afterwards.

### Contents

Definition & Hazards  
The right screen workstation  
The correct illumination  
Sitting properly  
Dynamic sitting  
Strains on the back  
Noise levels  
Further dangers at the office workplace

### Export control

AL-Number: N  
ECCN: EAR99