

# Siemens Gamesa - SG Training Web

SE-P-50220

## GWO ART Manual Handling Refresher

### Purpose

The aim of this Module is to increase the awareness of ergonomics in our business; to encourage positive Manual Handling behavior; and to train the Delegates' ability to perform Manual Handling tasks in a safe manner reducing long-term effects of musculoskeletal disorder injuries.

### Who should attend?

Personnel working in the wind industry or related fields needing to obtain/refresh their GWO BST/BSTR Manual Handling certificate.

Delivery of the Manual Handling Refresher module covers same content, duration, learning objectives as described in BST Manual Handling. The Manual Handling training can consist of first time delegates and refresher delegates in the same classroom.

### Objectives

On course completion the Delegates must be able to:

- Explain the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements of their geographic work location
- Identify aspects of the job tasks that could increase risk of developing muscular/ skeletal injuries
- Explain safe practices of Manual Handling, including the correct handling of equipment
- Identify signs and symptoms of injuries related to poor Manual Handling techniques
- Identify injury reporting methods
- Demonstrate a problem solving approach to Manual Handling in a wind turbine environment
- Demonstrate Manual Handling risk reduction techniques

On course completion the Delegate:

- Is considered competent to work with manual handling within GWO accredited companies or sites
- Can access SGRE turbines in accordance with SGRE PRO-15833 Ap2 Siemens Gamesa Access Safety Training

### Prerequisites

All Delegates participating in this training shall be medically fit and capable of fully participating. Delegates shall sign a statement that they are medically fit to participate and they do not suffer from any medical illness or are under influence of any narcotic substance or alcohol.

### Contents

Legislation  
Risk and hazards  
Anatomy and Behavioral safety  
Risk assessment and risk control  
Lifting techniques and Scenario based training

### Theory / Practice

40% / 60%

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### Notes

WINDA is Global Wind Organization's new online training records database.

As Training Providers are required to upload a training record to your WINDA profile, you must register with a Delegate profile in WINDA.

Go to <https://winda.globalwindsafety.org/> and click register - and get more information.

You must provide your WINDA ID to the Training Provider so they can upload your training records.

### Validity

24 months

### Export control

AL-Number: N

ECCN: EAR99